



# Cleaning Safety Checklist

## SLIP & FALL PREVENTION

- ✓ Wear slip-resistant shoes
- ✓ Keep an eye out for obstructions
- ✓ Address spills immediately
- ✓ Place wet-floor caution signs before cleaning and/or in heavy moisture areas
- ✓ Make sure floor mats lie flat

## BACK INJURY PREVENTION

- ✓ Stretch before, during and after work
- ✓ Take short breaks throughout the day
- ✓ Understand proper lifting techniques
- ✓ Ask for help when an item is too heavy

## CHEMICAL SAFETY

- ✓ Make sure that all spray bottles are properly labeled for the product being used
- ✓ Know the location of and how to read the Safety Data Sheets (SDS)
- ✓ Make sure the area is well-ventilated before cleaning
- ✓ Never mix chemicals
- ✓ Wear appropriate personal protective equipment, including gloves and goggles for overhead cleaning tasks
- ✓ Wash hands after using cleaning chemicals

**Mixing Chemicals:** Not only could toxic gases be released, mixing chemicals together will greatly reduce or eliminate the individual product's efficacy. **For example:** Mixing a disinfectant (termed "antimicrobial") with any product and especially one that is enzyme based (termed "promicrobial") will neutralize the effectiveness of both products.



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For more information, please call 800.869.4789